

## \*INDICATIONS FOR USE

### TMS Therapy is CE approved for:

“Treatment of Major Depressive Disorder in adult patients who have failed to achieve satisfactory improvement from two prior antidepressant medications, at or above the minimal effective dose and duration in the current episode.”

### TMS Therapy is FDA cleared for:

“Treatment of Major depressive Disorder in adult patients who have failed to receive satisfactory improvement from prior antidepressant medication in the current episode.”

## HOW TO GET STARTED

A consultation appointment will be made with Dr. Vanderpool to make sure you are a good candidate for TMS.

## YOUR RECOVERY IS OUR MISSION!

To find out more, please contact us at 915-479-7622

Atlantis Health Services

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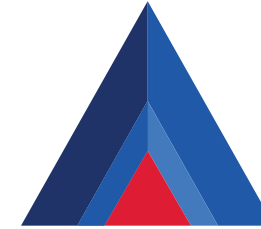
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# ATLANTIS

HEALTH SERVICES

YOUR RECOVERY IS OUR MISSION

Are you not responding to antidepressants?  
*Atlantis TMS Center is offering a new  
and safe treatment for depression.*

- Non-invasive, no anesthesia
- FDA cleared for the treatment of major depressive disorder\*
- Excellent response and remission rate
- Outpatient procedure

## WHAT IS TRANSCRANIAL MAGNETIC STIMULATION (TMS)?

TMS is indicated for use in people with major depressive disorder who have not responded to at least one antidepressant medication.\* TMS has been recommended by the American Psychiatric Association since 2010.

TMS Therapy consists of repeated cycles of TMS followed by rest periods. Diagnosis and initial session is performed by a licensed physician. The remaining treatment sessions will typically be conducted by trained staff under the supervision of the physician.

TMS is non-invasive and does not require any anesthesia and is not to be confused with Electroconvulsive Therapy (ECT). As there is no recovery period, people can immediately get back to their usual activities.

### THE EFFECTIVENESS OF TMS'

49% respond to the treatment

32% achieve remission  
of their symptoms

After failing a minimum of two antidepressants.

### THE EFFECTIVENESS OF ANTIDEPRESSANTS

17% respond to the treatment

14% achieve remission  
of their symptoms

After failing two antidepressants.

## TMS IN SHORT

- TMS: Transcranial Magnetic Stimulation
- Series of pulsed magnetic stimuli to the brain
- FDA cleared\* for the treatment of major depressive disorder
- Non-invasive treatment – no anesthesia
- Free from common antidepressant drug side effects such as weight gain and sexual dysfunction
- Most common side effects from TMS are headache and nausea
- Does not affect cognitive function
- May be used with or without antidepressants  
*(determined by physician)*
- For use in outpatient settings
- Maintenance treatment if needed



#### Cautions:

TMS treatment may not be effective or appropriate for all your MDD patients. Even though TMS has very few side effects compared to antidepressants, additional side effects may occur. Please consult with Dr. Vanderpool, our TMS Physician to learn more about the treatment and any potential risks, or reach out to our TMS Coordinator for further information.